

**Governor's Office Daily COVID-19 Q & A**  
**May 22, 2020**

**Helplines and Webpages**

**General Resources and a list of Executive Orders:** visit [coronavirus.illinois.gov](https://coronavirus.illinois.gov)

**PPE Equipment:**

- Donations: [PPE.donations@Illinois.gov](mailto:PPE.donations@Illinois.gov)
- To Manufacture PPE in Illinois: [ima@ima-net.org](mailto:ima@ima-net.org)

**Small Business Assistance:**

- Essential Business inquiries: contact 1-800-252-2923 or [CEO.support@illinois.gov](mailto:CEO.support@illinois.gov)
- **State:** [click here](#). **Federal:** <https://disasterloan.sba.gov>.
- Business insurance coverage: <https://mc.insurance.illinois.gov/messagecenter.nsf>.

**Unemployment Assistance:** IDES set the following guidelines for applicants:

- **FOR ON-LINE APPLICATIONS**, [click here](#). If your last name begins with letters:
  - **A through M** file your claim on **Sundays, Tuesdays, Thursdays**.
  - **N through Z** file your claim online on **Mondays, Wednesday, Fridays**.**\*Saturdays** – for those who missed their application window.
- **FOR PHONE APPLICATIONS**, call (800) 244-5631. If your last name begins with letters:
  - **A through M** call between 7:30am – 6pm on **Tuesdays and Thursdays**.
  - **N through Z** call between 7:30am – 6pm on **Mondays and Wednesdays**.**\*Fridays (7am-6pm) & Saturdays (8am-noon)** – for those who missed their call window.

**Individual Assistance:**

- Employee workplace rights complaints: (844) 740-5076 or submit a complaint [online](#).
- Resources for people with disabilities please [click here](#) or [here](#).
- Consumer guidance on debts due and regulated financial sectors: [click here](#).
- Airbnb Housing opportunities for first responders and medical professionals: [click here](#).
- For insurance coverage guidance from the Department of Insurance, [click here](#).
- Medication Affordability Assistance: visit: <https://abe.illinois.gov/abe/access/>
- Illinois taxpayer information: visit DOR's [resource page here](#).
- Call4Calm: Text "TALK" to 5-5-2-0-2-0; for Spanish, text "HABLAR" to 5-5-2-0-2-0\_

**Other Resources:**

- Federal Stimulus Package Unemployment Benefits Q&A: [click here](#).
- IDFP list of licensees and consumers impacted by COVID-19: [click here](#).
- School related inquiries: visit <https://www.isbe.net/covid19>
- COVID19 cases by county: visit [dph.illinois.gov](https://dph.illinois.gov)
- To volunteer: visit [serve.illinois.gov](https://serve.illinois.gov) or email [dph.serveillinois@illinois.gov](mailto:dph.serveillinois@illinois.gov)
- COVID-19 Symptom guidelines: visit DPH website, [click here](#).
- DPH map of testing sites: [click here](#)

## **Restore Illinois**

**Q:** The term "treatment" (or a vaccine) has been used a number of times as a requirement in order to move into Phase 5. How is the administration defining "treatment" for COVID-19?

**A:** The Illinois Department of Public Health (IDPH) views "effective treatment" to be therapy that is approved by the FDA, including those approved via an Emergency Use Agreement, as well as those treatments that have been shown in clinical trials of threshold rigor to improve an important outcome for the patient or society. For more information on the Restore IL Plan, please visit the IDPH website [here](#).

**Q:** What is the guidance for CrossFit gyms or small independent gyms that do not serve a large number of clients at one time? Under the guidance of Phase 3, small gyms are currently lumped into the same category as large gyms, though they serve clients in a much different capacity.

**A:** Gyms cannot be open at this time. Currently all regions are in Phase 2, once a region enters [Phase 3](#), outdoor fitness classes are permitted as long as people are practicing social distancing and following forthcoming IDPH guidance; the activity must be limited to less than 10 individuals. For more information on the Restore IL Plan, please visit the IDPH website [here](#).